



NIGHT 4

THE HOLY SPIRIT THE LORD, THE GIVER OF LIFE

THE ANIMA CHRISTI

Soul of Christ, sanctify me. Body of Christ, save me.
Blood of Christ, embolden me. Water from the side of Christ, wash me.
Passion of Christ, strengthen me. O good Jesus, hear me.
Within Your wounds hide me.
Never permit me to be parted from You.
From the evil Enemy defend me.
At the hour of my death call me and bid me come to You,
that with Your Saints I may praise You for age upon age. Amen.

TRUE OR FALSE QUESTIONS

- ☐ 1. The priest administers the Anointing of the Sick primarily to bring physical healing to the person who receives this Sacrament.
- ☐ 2. During Holy Mass the priest addresses the Eucharistic Prayer to Jesus Christ, who is at the Right Hand of the Father in Heaven.
- ☐ 3. Confirmation produces in a recipient the growth of the grace of his Baptism.
- ☐ 4. Infants need Baptism to be freed from original sin and from the power of the Evil One.
- ☐ 5. The anointing of the Spirit received at the ordination of a priest seals him with an indelible, spiritual character that configures him to Christ the priest and enables him to act in the name of Christ the Head.
- ☐ 6. The Church, since she is faithful to our Lord, cannot recognize the union of people who are civilly divorced and remarried.
- ☐ 7. Each of the faithful who has reached the age of discretion is bound to confess his or her mortal sins at least once a year and always before receiving Holy Communion.

THE LORD, THE GIVER OF LIFE

THE HOLY SPIRIT — THE LIFE OF OUR BODIES AND SOULS

- In the Order of Creation and Nature:

- “The Lord God formed man of dust from the ground, and breathed into his nostrils the breath of life.”

- *Genesis 2:7*

- “The spiritual soul does not come from one’s parents but is created immediately by God and is immortal.”

- *Compendium of the Catechism of the Catholic Church, Number 7*

- In the Order of Grace and Redemption — Regeneration, re-birth, re-creation

- The Immaculate Conception

“Hail, Full of Grace, the Lord is with you!” - *Luke 1:28 — Mary*

- Incarnation and Birth of Christ

“The Holy Spirit will come upon you, and the power of the Most High will overshadow you.”
- *Luke 1:35*

- New Covenant worship in the Sacramental Rites and Liturgies by God’s children and citizens of His Kingdom

“But the hour is coming, and now is, when true worshipers will worship the Father in Spirit and Truth, for such the Father seeks to worship Him. God is Spirit, and those who worship Him must worship in Spirit and Truth.”

- *John 4:23-24*

- Baptism — Our rebirth

“Amen, amen, I say to you, unless one is born again (born from above), he cannot see the kingdom of God. . . . Amen, amen, I say to you, unless one is born of water and the Spirit, he cannot enter the Kingdom of God.”

- *John 3:3, 5*

- Reconciliation — Rising to life again after deadly mortal sin

Jesus “breathed on them, and said to them, ‘Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained.’”

- *John 20:22-23*

- Holy Eucharist — Nourishment in Christ’s Flesh, Blood, and Spirit

“Make holy, therefore these gifts, we pray, by sending down Your Spirit upon them like the dewfall, so that they may become for us the Body and Blood of our Lord Jesus Christ.”

- *The Roman Missal, “Eucharistic Prayer II”*

- Confirmation — our sacramental participation in the power of Pentecost for love and strength as missionary disciples

“You shall receive power when the Holy Spirit has come upon you; and you shall be my witnesses in Jerusalem and in all Judea and Samaria and to the end of the earth.”

- *Act of the Apostles 1:8*

- Holy Matrimony — a sign of Christ’s love for His Bride, the Church, already anticipating the Wedding Feast of the Lamb in Heaven

“But from the beginning of creation, ‘God made them male and female.’ For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh. So they are no longer two but one flesh. What therefore God has joined together, let not man put asunder.”

-Mark 10:6-9

- Holy Orders — “the Sacrament through which the mission entrusted by Christ to His Apostles continues to be exercised in the Church until the end of time” particularly through bishops, priests, and deacons

- CCCC, Number 322

“Through a special gift of the Holy Spirit, this Sacrament enables the ordained to exercise sacred power in the Name and with the authority of Christ for the service of the People of God.”

- Compendium of the Catechism of the Catholic Church, Number 323

- Anointing of the Sick — which “confers a special grace which unites the sick person more intimately to the Passion of Christ for his good and for the good of all the Church.”

- CCCC, Number 319

“Through this holy anointing may the the Lord in His love and mercy help you with the grace of the Holy Spirit.”

- Pastoral Care of the Sick: Rites of Anointing and Viaticum

NOTES

Grid of dots for writing.

CONFIRMATION NIGHT FOUR
The Lord, the Giver of Life
Oct. 6th

LIFE IN THE HOLY SPIRIT

BY THE ACTION OF THE HOLY SPIRIT, WE ARE SANCTIFIED BY GRACE FOR

- Christian Initiation:
 - Re-birth in Baptism “by water and the Holy Spirit”
 - Strength in Confirmation: “Be sealed with the gift of the Holy Spirit.”
 - Nourishment in the Eucharist—Christ’s Flesh, Blood, and Spirit
- Healing:
 - Reconciliation — God “sent the Holy Spirit among us for the forgiveness of sins”
- *Absolution in the Rite of Penance*
 - Anointing of the Sick — healing for us and others by firmly uniting our wounds to Christ’s wounds on the Cross
- Service of Communion and Mission:
 - Holy Matrimony — “Send down on them the grace of the Holy Spirit and pour Your love into their hearts, that they may remain faithful in the Marriage covenant.”
- *Roman Missal, “Nuptial Blessing”*
 - Holy Orders

HOW TO EXPERIENCE THE LIFE OF THE HOLY SPIRIT — BELIEVE, CELEBRATE, LIVE, PRAY

- Believe — Renew your Baptismal Promises each morning for freedom from Satan and sin, and instead life in the Holy Spirit and grace. Then pray the “Hail, Holy Queen,” who is Mother of all those who believe in God.
- Celebrate — Freely cooperate with the Holy Spirit and Worship in Spirit and Truth:
 - If you are aware of grave or mortal sin(s) — **Go to Confession** to restore a life of freedom in sanctifying grace and the Holy Spirit.
 - **Attend Mass when required and receive communion in a state of grace**
This nourishes a life of holy freedom
 - Recite “The Anima Christi” reverently after Holy Mass before departing “to announce the Gospel of the Lord.”
- Life — Ask the Holy Spirit and your guardian angel to remind you:
 - To acknowledge Christ’s Presence in the Eucharist at points during each day
 - To call upon Mary at points during each day
 - To call upon the Holy Spirit to increase your freedom for true love of God and of neighbor
 - In times when you are tempted to sin out of fear
 - In times when you are tempted to sin by “eating” forbidden fruit
- Prayer — Examination of Conscience and sincere “Act of Contrition,” “Our Father,” “Hail Mary,” and “Glory Be” before going to sleep
- **Central Focus**
 - **Getting into and remaining in a state of grace by obeying God, which bears fruit by:**
 - Giving **clarity of vision**— Purity of Heart
 - Putting **love of God and neighbor into action**

CLOSING REFLECTION

Am I careful to ensure that I know and love God well enough to understand clearly what is sinful and what is holy, to know what harms and deadens my soul and what heals and enlivens my soul?

Do I examine my conscience each day and make an sincere Act of Contrition? Do I have access to a copy of an Examination of Conscience appropriate for my age and for use when necessary?

Have I make a firm commitment to remain in a state of grace by confessing mortal sins as soon as possible and before receiving Holy Communion so that the life of the Holy Spirit may remain in me?